



MEAGAN LANE

CREATOR - COACH - SPEAKER

[Meagan Lane](#) is a communication expert and personal development coach on a mission to help developing and transitioning women live a more fulfilled life. With a focus on identity, connection, lifestyle, and impact, her empathy-centered approach provides a conscientious perspective on building confidence and cultivating key life skills.

After weathering her own experience with impostor syndrome, generational trauma, and high-functioning depression, Meagan escaped overwhelm by building a resiliently dynamic sense of self from the ground up. Now as a board-certified NLP practitioner, she has developed practical resources, like her all-new Candid Confidence Academy, that help her audience break through stagnation and tangibly forge their own path ahead.

With over 10 years of experience as a public speaker, Meagan has been recognized by the likes of Harvard University and The National Society of Leadership and Success for her powerful insight and captivating presentation style.